

Wednesday, April 03, 2019



**BETHANY UNITED METHODIST**  
Church Office: (253) 475-7098  
email: [bethanytacomaumc@gmail.com](mailto:bethanytacomaumc@gmail.com)  
web: [www.bethanytacoma.com](http://www.bethanytacoma.com)  
5634 South Park Ave.  
Tacoma, WA 98408

Greetings,

I hope you find this  
devotional helpful in  
your daily journey.

Blessings, Pastor Dan

## Reflection: Anxiety

Greetings:

Some twenty years ago, I was told that I had an aggressive form of skin cancer. As I talked with folks in the local community, I learned that several persons had died from it. WOW! My perspective about the future changed in a flash! Would I become a statistic as well? What about our children, finances, and so on?

We find in the gospels Jesus' exhortation to not be anxious about tomorrow, that our heavenly parent knows our needs. After all, if God can clothe the birds, certainly God can provide for us. (Matthew 6:25-34) I found myself asking, could this teaching mean me? We all face choices that can cause us to worry. I believe that in the midst of our anxiety we

are invited to allow our character to be changed in a way that reflects God's perspective. To live out of an orientation that is rooted in God's love and our deepening trust, despite of what we face – because situations *will* arise that challenge us.

As it turned out, I had surgery, and thankfully the doctor got all the cancerous skin. Since that time I have faced other situations that test my resolve. Will I trust God, let the nature of my character be formed more in accord with God's Spirit, or not? I pray that as you face anxious moments, you will allow God to give you a different perspective, and experience an inner calm.

Blessings, Pastor Dan

# Upcoming Dates

Monday: Bounty Food Bank: 9 am to Noon, Volunteers welcome.

Friday: *Bounty Food Bank*: needs Volunteers every Friday for food pickup and storage help. Call 253-335-7860.

Next Sunday: Worship Service 11:00

Monthly

1st Saturday: Bethany Garden Club - 11:30 a.m.

2nd Thursday: Finance/Trustees - 6 p.m./7 p.m.

2nd Saturday: Food Bank Board Meeting - 10:30 a.m.

Food Bank Open - 1:00 p.m. ~ 3:00p.m.

## April

18th - Maundy Thursday -7:00 p.m.

19th - Good Friday Service - 5:00 p.m.

21st - **Easter Sunday**

## May

11th - Ad Council 11 a.m.

---

## Bounty Food Bank Item of The Week: Bread

This week, consider adding this item to your food bank donation. Also - We are always needing plastic bags - So, if you shop where they still give out plastic bags, the food bank would love to take them off your hands.

---

Please keep in your prayers...

Danielle - and family

Dee Baker

Laura Tippie

Liz Best

Gail Rocheleau

Mary Egeland

James & Jenifer Angus

Rev. Barbara Brown

Elaine & Jerry Ramsey

Anderson-Gammel family

Spring & her family

Judy Egan & her family

Please keep our U. Methodist church in your prayers as we reflect on what occurred at the Conference in St. Louis.